## **Do You Have** Dry Eye?

If you're experiencing any of these symptoms, you may have dry eyes:

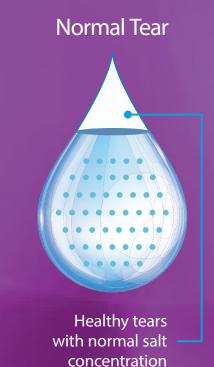
- Dryness
- Blurry vision
- Gritty feeling
- Light sensitivity
- Scratchiness
- Stinging & burning
- Discomfort
- Watery eyes or excess tearing

# What is Dry Eye?

Dry eyes are characterized by a salt imbalance in your tears.

There are many underlying factors, but the result is the same. Your tears lose water and become too salty, creating hyperosmolarity.





Reference: 1. Ngo W, Srinivasan S, Houtman D, Jones L. The relief of dry eye signs and symptoms using a combination of lubricants, lid hygiene and ocular nutraceuticals. J Optom. 2017 Jan-Mar;10(1):26-33. © 2021 Akorn Consumer Health | A Division of Akorn, Inc. | M19-062-01

\*These claims have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

Lacrimal Gland

# How Do You Manage Dry Eyes?

Fortunately, there are many therapeutic options to manage dry eye symptoms and improve the quality of your life.

#### **Ocular Lubricants**

Helps restore the tear film to a balanced state. Using a hypotonic drop reduces the osmolarity (salt concentration) of the tears.

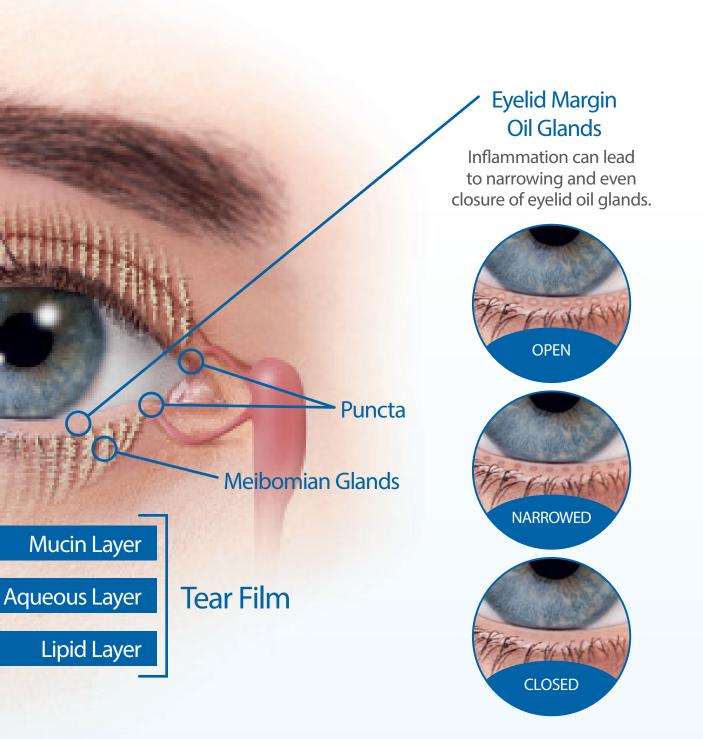
### **Eyelid Cleanser**



TheraTears Dry Eye Therapy Lubricant Eye Drops

> TheraTears<sup>®</sup> Dry Eye Therapy along with its cleanser and nutritional supplement support healthier feeling eyes.

**Prestige**Consumer HEALTHCARE



Removes oil, debris and irritants from the eyelid margin, reducing irritation and removing blockages to Meibomian Glands, helping with oil secretion.

### **Omega-3 Supplements**

Designed to support healthy Lacrimal and Meibomian Glands for healthy tears and improve the quality of oil produced, which may thicken the lipid layer of the tear film.\*



**TheraTears**<sup>®</sup> SteriLid<sup>®</sup> **Eyelid Cleanser** 



TheraTears Eye Nutrition 1200mg Omega-3 Supplement

