

Do You Have Dry Eye?

If you're experiencing any of these symptoms, you may have dry eyes:

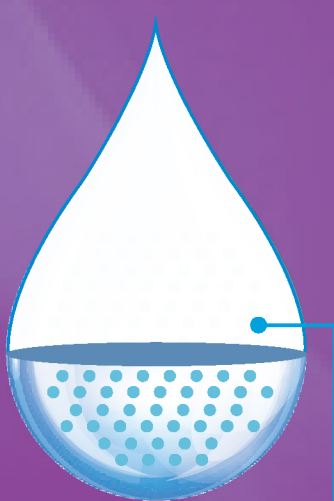
- Dryness
- Blurry vision
- Gritty feeling
- Light sensitivity
- Scratchiness
- Stinging & burning
- Discomfort
- Watery eyes or excess tearing

What is Dry Eye?

Dry eyes are characterized by a salt imbalance in your tears.

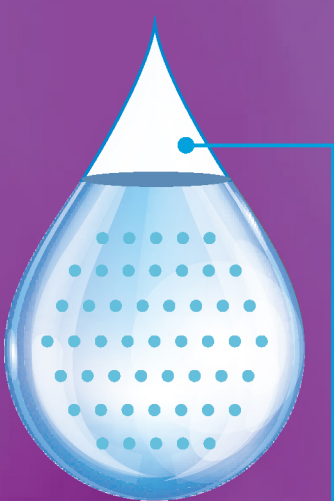
There are many underlying factors, but the result is the same. Your tears lose water and become too salty, creating hyperosmolarity.

Hyperosmolarity

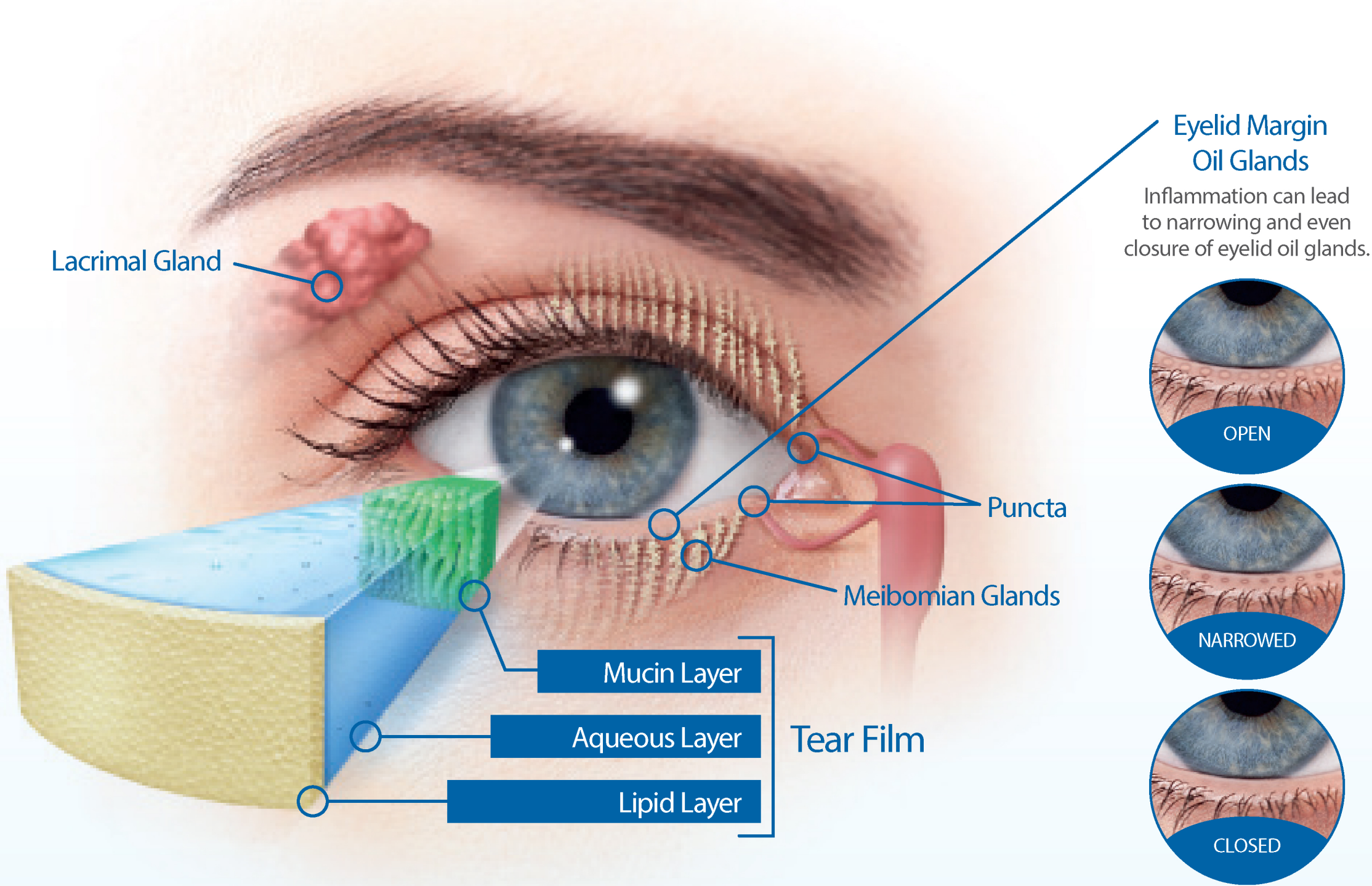


Tears in dry eye with elevated salt concentration

Normal Tear



Healthy tears with normal salt concentration



How Do You Manage Dry Eyes?

Fortunately, there are many therapeutic options to manage dry eye symptoms and improve the quality of your life.

Ocular Lubricants

Helps restore the tear film to a balanced state. Using a hypotonic drop reduces the osmolarity (salt concentration) of the tears.



TheraTears® Dry Eye Therapy Lubricant Eye Drops

Eyelid Cleanser

Removes oil, debris and irritants from the eyelid margin, reducing irritation and removing blockages to Meibomian Glands, helping with oil secretion.



TheraTears® SteriLid® Eyelid Cleanser

Omega-3 Supplements

Designed to support healthy Lacrimal and Meibomian Glands for healthy tears and improve the quality of oil produced, which may thicken the lipid layer of the tear film.*



TheraTears® Eye Nutrition 1200mg Omega-3 Supplement

TheraTears® Dry Eye Therapy along with its cleanser and nutritional supplement support healthier feeling eyes.



Reference: 1. Ngo W, Srinivasan S, Houtman D, Jones L. The relief of dry eye signs and symptoms using a combination of lubricants, lid hygiene and ocular nutraceuticals. J Optom. 2017 Jan-Mar;10(1):26-33.
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